

Psychiatry Services & Procedures

Code Updates for 2024



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2024 Psychiatry Services & Procedures Code Updates

Psychiatry services

Psychiatry services include diagnostic services, psychotherapy, and other services to an individual, family, or group. Patient condition, characteristics, or situational factors may require services described as being with interactive complexity. Services may be provided to a patient in crisis. Services are provided in all settings of care and psychiatry services codes are reported without regard to setting. Services may be provided by a physician or other qualified health care professional. Some psychiatry services may be reported with evaluation and management services (99202-99255, 99281-99285, 99304-99316, 99341-99350) or other services when performed. Evaluation and management services (99202-99285, 99304-99316, 99341-99350) may be reported for treatment of psychiatric conditions, rather than using psychiatry services codes, when appropriate.

Hospital inpatient or observation care in treating a psychiatric inpatient or partial hospitalization may be initial or subsequent in nature (see 99221-99233).

Some patients receive hospital evaluation and management services only and others receive hospital evaluation and management services and other procedures. If other procedures such as electroconvulsive therapy or psychotherapy are rendered in addition to hospital evaluation and management services, these may be listed separately (eg, hospital inpatient or observation care services [99221-99223, 99231-99233] plus electroconvulsive therapy [90870]), or when psychotherapy is done, with appropriate code(s) defining psychotherapy services.

Consultation for psychiatric evaluation

Consultation for psychiatric evaluation of a patient includes examination of a patient and exchange of information with the primary physician and other informants such as nurses or family members, and preparation of a report. These services may be reported using consultation codes (see Consultations).

(Do not report 90785-90899 in conjunction with 90839, 90840, 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T)

Interactive Complexity

Code 90785 is an add-on code for interactive complexity to be reported in conjunction with codes for diagnostic psychiatric evaluation (90791, 90792), psychotherapy (90832, 90833, 90834, 90836, 90837, 90838), and group psychotherapy (90853).

Interactive complexity refers to specific communication factors that complicate the delivery of a psychiatric procedure. Common factors include more difficult communication with discordant or emotional family members and engagement of young and verbally undeveloped or impaired patients. Typical patients are those who have third parties, such as parents, guardians, other family members, agencies, court officers, or schools involved in their psychiatric care.

Psychiatric Interactive complexity

Psychiatric procedures may be reported “with interactive complexity” when at least one of the following is present:

1. The need to manage maladaptive communication (related to, eg, high anxiety, high reactivity, repeated questions, or disagreement) among participants that complicates delivery of care.
2. Caregiver emotions or behavior that interferes with the caregiver’s understanding and ability to assist in the implementation of the treatment plan.
3. Evidence or disclosure of a sentinel event and mandated report to third party (eg, abuse or neglect with report to state agency) with initiation of discussion of the sentinel event and/or report with patient and other visit participants.
4. Use of play equipment or other physical devices to communicate with the patient to overcome barriers to therapeutic or diagnostic interaction between the physician or other qualified health care professional and a patient who has not developed, or has lost, either the expressive language communication skills to explain his/her symptoms and response to treatment, or the receptive communication skills to understand the physician or other qualified health care professional if he/she were to use typical language for communication.

Interactive complexity must be reported in conjunction with an appropriate psychiatric diagnostic evaluation or psychotherapy service, for the purpose of reporting increased complexity of the service due to specific communication factors which can result in barriers to diagnostic or therapeutic interaction with the patient.

When provided in conjunction with the psychotherapy services (90832-90838), the amount of time spent by a physician or other qualified health care professional providing interactive complexity services should be reflected in the timed service code for psychotherapy (90832, 90834, 90837) or the psychotherapy add-on code (90833, 90836, 90838) performed with an evaluation and management service and must relate to the psychotherapy service only. Interactive complexity is not a service associated with evaluation and management services when provided without psychotherapy.

★+ 90785	<p>Interactive complexity (List separately in addition to the code for primary procedure)</p> <p>CPT Changes: An Insider's View 2013</p> <p>CPT Assistant May 13:12, Jun 13:3, Apr 14:6, Nov 18:3, Jan 22:8</p> <p>(Use 90785 in conjunction with codes for diagnostic psychiatric evaluation [90791, 90792], psychotherapy [90832, 90833, 90834, 90836, 90837, 90838], and group psychotherapy [90853])</p> <p>(Use 90785 in conjunction with 90853 for the specified patient when group psychotherapy includes interactive complexity)</p> <p>(Do not report 90785 in conjunction with psychological and neuropsychological testing [96130, 96131, 96132, 96133, 96136, 96137, 96138, 96139, 96146], or E/M services when no psychotherapy service is also reported)</p> <p>(Do not report 90785 in conjunction with 90839, 90840, 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T)</p>
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Psychiatric Diagnostic Procedures

Psychiatric diagnostic evaluation is an integrated biopsychosocial assessment, including history, mental status, and recommendations. The evaluation may include communication with family or other sources and review and ordering of diagnostic studies.

Psychiatric diagnostic evaluation with medical services is an integrated biopsychosocial and medical assessment, including history, mental status, other physical examination elements as indicated, and recommendations. The evaluation may include communication with family or other sources, prescription of medications, and review and ordering of laboratory or other diagnostic studies.

In certain circumstances one or more other informants (family members, guardians, or significant others) may be seen in lieu of the patient. Codes 90791, 90792 may be reported more than once for the patient when separate diagnostic evaluations are conducted with the patient and other informants. Report services as being provided to the patient and not the informant or other party in such circumstances. Codes 90791, 90792 may be reported once per day and not on the same day as an evaluation and management service performed by the same individual for the same patient.

The psychiatric diagnostic evaluation may include interactive complexity services when factors exist that complicate the delivery of the psychiatric procedure. These services should be reported with add-on code 90785 used in conjunction with the diagnostic psychiatric evaluation codes 90791, 90792.

Codes 90791, 90792 are used for the diagnostic assessment(s) or reassessment(s), if required, and do not include psychotherapeutic services. Psychotherapy services, including for crisis, may not be reported on the same day.

(Do not report 90791-90899 in conjunction with 90839, 90840, 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T)

★ 90791	<p>Psychiatric diagnostic evaluation</p> <p>CPT Changes: An Insider's View 2013, 2017</p> <p>CPT Assistant May 13:12, Jun 13:3, Dec 13:18, Jun 14:3, Nov 17:3, Nov 18:3, Oct 20:15, Aug 22:13</p>
★ 90792	<p>Psychiatric diagnostic evaluation with medical services</p> <p>CPT Changes: An Insider's View 2013, 2017</p> <p>CPT Assistant Jun 13:3, Dec 13:18, Jun 14:3, Nov 17:3, Nov 18:3, Dec 19:15, Oct 20:154</p> <p>(Do not report 90791 or 90792 in conjunction with 99202-99316, 99341-99350, 99366-99368, 99401-99443, 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T)</p> <p>(Use 90785 in conjunction with 90791, 90792 when the diagnostic evaluation includes interactive complexity services)</p>

Psychotherapy

Psychotherapy is the treatment of mental illness and behavioral disturbances in which the physician or other qualified health care professional, through definitive therapeutic communication, attempts to alleviate the emotional disturbances, reverse or change maladaptive patterns of behavior, and encourage personality growth and development.

The psychotherapy service codes 90832-90838 include ongoing assessment and adjustment of psychotherapeutic interventions, and may include involvement of informants in the treatment process.

Codes 90832, 90833, 90834, 90836, 90837, 90838 describe psychotherapy for the individual patient, although times are for face-to-face services with patient and may include informant(s). The patient must be present for all or a majority of the service.

See codes 90846, 90847 when utilizing family psychotherapy techniques, such as focusing on family dynamics. Do not report 90846, 90847 for family psychotherapy services less than 26 minutes. Codes 90832, 90833, 90834, 90836, 90837, 90838 may be reported on the same day as codes 90846, 90847, when the services are separate and distinct.

In reporting, choose the code closest to the actual time (ie, 16-37 minutes for 90832 and 90833, 38-52 minutes for 90834 and 90836, and 53 or more minutes for 90837 and 90838). Do not report psychotherapy of less than 16 minutes duration. (See instructions for the usage of time in the Introduction of the CPT code set.)

Psychotherapy provided to a patient in a crisis state is reported with codes 90839 and 90840 and cannot be reported in addition to the psychotherapy codes 90832-90838. For psychotherapy for crisis, see "Other Psychotherapy."

Code 90785 is an add-on code to report interactive complexity services when provided in conjunction with the psychotherapy codes 90832-90838. For family psychotherapy, see 90846, 90847. The amount of time spent by a physician or other qualified health care professional providing interactive complexity services should be reflected in the timed service code for psychotherapy (90832, 90834, 90837) or the psychotherapy add-on code performed with an evaluation and management service (90833, 90836, 90838).

Some psychiatric patients receive a medical evaluation and management (E/M) service on the same day as a psychotherapy service by the same physician or other qualified health care professional. To report both E/M and psychotherapy, the two services must be significant and separately identifiable. These services are reported by using codes specific for psychotherapy when performed with evaluation and management services (90833, 90836, 90838) as add-on codes to the evaluation and management service.

Medical symptoms and disorders inform treatment choices of psychotherapeutic interventions, and data from therapeutic communication are used to evaluate the presence, type, and severity of medical symptoms and disorders. For the purposes of reporting, the medical and psychotherapeutic components of the service may be separately identified as follows:

1. The type and level of E/M service is selected based on medical decision making.
2. Time spent on the activities of the E/M service is not included in the time used for reporting the psychotherapy service. Time may not be used as the basis of E/M code selection and prolonged services may not be reported when psychotherapy with E/M (90833, 90836, 90838) are reported.
3. A separate diagnosis is not required for the reporting of E/M and psychotherapy on the same date of service.

Psychotherapy (continued)

★ 90832	<p>Psychotherapy, 30 minutes with patient</p> <p>CPT Changes: An Insider's View 2013, 2017</p> <p>CPT Assistant Jan 13:3, May 13:12, Jun 13:3, Aug 13:14, Feb 14:3, Aug 14:5, Oct 15:9, Dec 16:11, Sep 17:12, Nov 18:3, Dec 20:14, Apr 22:10</p>
★★ 90833	<p>Psychotherapy, 30 minutes with patient when performed with an evaluation and management service (List separately in addition to the code for primary procedure)</p> <p>CPT Changes: An Insider's View 2013, 2017</p> <p>CPT Assistant Jan 13:3, May 13:12, Jun 13:3, Aug 13:14, Aug 14:5, Oct 15:9, Dec 16:11, Nov 18:3, Dec 20:14, Apr 22:10, Aug 22:19</p> <p>(Use 90833 in conjunction with 99202-99255, 99304-99316, 99341-99350)</p>
★ 90834	<p>Psychotherapy, 45 minutes with patient when performed with an evaluation and management service (List separately in addition to the code for primary procedure)</p> <p>CPT Changes: An Insider's View 2013, 2017</p> <p>CPT Assistant Jan 13:3, May 13:12, Jun 13:3, Aug 13:14, Oct 15:9, Dec 16:11, Nov 18:3, Dec 20:14, Apr 22:10, Aug 22:19</p> <p>(Use 90836 in conjunction with 99202-99255, 99304-99316, 99341-99350)</p>
★★ 90836	<p>Psychotherapy, 45 minutes with patient</p> <p>CPT Changes: An Insider's View 2013, 2017</p> <p>CPT Assistant Jun 13:3, Dec 13:18, Jun 14:3, Nov 17:3, Nov 18:3, Dec 19:15, Oct 20:154</p> <p>(Do not report 90791 or 90792 in conjunction with 99202-99316, 99341-99350, 99366-99368, 99401-99443, 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T)</p> <p>(Use 90785 in conjunction with 90791, 90792 when the diagnostic evaluation includes interactive complexity services)</p>
★ 90837	<p>Psychotherapy, 60 minutes with patient</p> <p>CPT Changes: An Insider's View 2013, 2017</p> <p>CPT Assistant Jan 13:3, May 13:12, Jun 13:3, Aug 13:14, Apr 14:6, Oct 15:3, 9, Dec 16:11, Nov 18:3, Dec 20:14, Apr 22:10, Jan 23:33</p>
★★ 90838	<p>Psychotherapy, 60 minutes with patient when performed with an evaluation and management service (List separately in addition to the code for primary procedure)</p> <p>CPT Changes: An Insider's View 2013, 2017</p> <p>CPT Assistant Jan 13:3, May 13:12, Jun 13:3, Aug 13:14, Feb 14:3, Apr 14:6, Oct 15:9, Dec 16:11, Nov 18:3, Dec 20:14, Apr 22:10, Aug 22:19</p> <p>(Use 90838 in conjunction with 99202-99255, 99304-99316, 99341-99350)</p> <p>(Use 90785 in conjunction with 90832, 90833, 90834, 90836, 90837, 90838 when psychotherapy includes interactive complexity services)</p>

Psychotherapy Crisis

Psychotherapy for crisis is an urgent assessment and history of a crisis state, a mental status exam, and a disposition. The treatment includes psychotherapy, mobilization of resources to defuse the crisis and restore safety, and implementation of psychotherapeutic interventions to minimize the potential for psychological trauma. The presenting problem is typically life threatening or complex and requires immediate attention to a patient in high distress.

Codes 90839, 90840 are used to report the total duration of time face-to-face with the patient and/or family spent by the physician or other qualified health care professional providing psychotherapy for crisis, even if the time spent on that date is not continuous. For any given period of time spent providing psychotherapy for crisis state, the physician or other qualified health care professional must devote his or her full attention to the patient and, therefore, cannot provide services to any other patient during the same time period. The patient must be present for all or some of the service. Do not report with 90791 or 90792.

Code 90839 is used to report the first 30-74 minutes of psychotherapy for crisis on a given date. It should be used only once per date even if the time spent by the physician or other health care professional is not continuous on that date. Psychotherapy for crisis of less than 30 minutes total duration on a given date should be reported with 90832 or 90833 (when provided with evaluation and management services).

Code 90840 is used to report additional block(s) of time, of up to 30 minutes each beyond the first 74 minutes

★ 90839	<p>Psychotherapy for crisis; first 60 minutes</p> <p>CPT Changes: An Insider's View 2013</p> <p>CPT Assistant Jun 13:3, Aug 14:5, Oct 15:9, Nov 18:3</p>
★★ 90840	<p>Psychotherapy for crisis; each additional 30 minutes (List separately in addition to code for primary service)</p> <p>CPT Changes: An Insider's View 2013</p> <p>CPT Assistant Jun 13:3, Aug 14:5, Oct 15:9, Nov 18:3</p> <p>(Use 90840 in conjunction with 90839)</p> <p>(Do not report 90839, 90840 in conjunction with 90791, 90792, psychotherapy codes 90832-90838 or other psychiatric services, or 90785-90899)</p>

Other Psychotherapy

★ 90845	<p>Psychoanalysis</p> <p>CPT Changes: An Insider's View 2017</p> <p>CPT Assistant Summer 92:15, Nov 97:40-41, Mar 01:8, Mar 02:4, May 05:1, Feb 06:15, Mar 10:6, Oct 15:9, Nov 18:3</p>
★ 90846	<p>Family psychotherapy (without the patient present), 50 minutes</p> <p>CPT Changes: An Insider's View 2017</p> <p>CPT Assistant Summer 92:15, Nov 97:40-41, Mar 01:8, Mar 02:4, May 05:1, Sep 09:11, Mar 10:6, Jun 13:3, Dec 13:18, Oct 15:9, Dec 16:11, Mar 17:11, Nov 18:3</p>
★ 90847	<p>Family psychotherapy (conjoint psychotherapy) (with patient present), 50 minutes</p> <p>CPT Changes: An Insider's View 2017</p> <p>CPT Assistant Summer 92:15, Nov 97:40-41, Mar 01:5, Mar 02:4, May 05:1, Mar 10:6, Jun 13:3, Dec 13:18, Oct 15:9, Dec 16:11, Nov 18:3</p> <p>(Do not report 90846, 90847 for family psychotherapy services less than 26 minutes)</p> <p>(Do not report 90846, 90847 in conjunction with 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T)</p>
90849	<p>Multiple-family group psychotherapy</p> <p>CPT Assistant Summer 92:15, Nov 97:40-41, Mar 01:5, Mar 02:4, May 05:1, Mar 10:6, Aug 14:15, Oct 15:9, Nov 18:3</p>
90853	<p>Group psychotherapy (other than of a multiple-family group)</p> <p>CPT Assistant Summer 92:15, Nov 97:40-41, Mar 01:8, Mar 02:4, May 05:1, Mar 10:6, Jun 13:3, Jun 14:3, Aug 14:15, Oct 15:9, Mar 17:11, Nov 18:3, Apr 22:10, Oct 22:7</p> <p>(Use 90853 in conjunction with 90785 for the specified patient when group psychotherapy includes interactive complexity)</p> <p>(Do not report 90853 in conjunction with 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T)</p>

Other Psychotherapy Services or Procedures

For electronic analysis with programming, when performed, of vagal nerve neurostimulators, see 95970, 95976, 95977)

★+ 90863	<p>Pharmacologic management, including prescription and review of medication, when performed with psychotherapy services (List separately in addition to the code for primary procedure)</p> <p>CPT Changes: An Insider's View 2013, 2017</p> <p>CPT Assistant Jun 13:3, Nov 18:3</p> <p>(Use 90863 in conjunction with 90832, 90834, 90837)</p> <p>(For pharmacologic management with psychotherapy services performed by a physician or other qualified health care professional who may report evaluation and management codes, use the appropriate evaluation and management codes 99202-99255, 99281-99285, 99304, 99305, 99306, 99307, 99308, 99309, 99310, 99341-99350 and the appropriate psychotherapy with evaluation and management service 90833, 90836, 90838)</p> <p>(Do not count time spent on providing pharmacologic management services in the time used for selection of the psychotherapy service)</p>
90865	<p>Narcosynthesis for psychiatric diagnostic and therapeutic purposes (eg, sodium amobarbital (Amytal) interview)</p> <p>CPT Changes: An Insider's View 2017</p> <p>CPT Assistant Summer 92:15, Nov 97:40-41, Mar 01:8, Mar 02:4, May 05:1, Sep 09:11, Mar 10:6, Jun 13:3, Dec 13:18, Oct 15:9, Dec 16:11, Mar 17:11, Nov 18:3</p>
90867	<p>Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; initial, including cortical mapping, motor threshold determination, delivery and management</p> <p>CPT Changes: An Insider's View 2011, 2012</p> <p>CPT Assistant Nov 18:3</p> <p>(Report only once per course of treatment)</p> <p>(Do not report 90867 in conjunction with 90868, 90869, 95860, 95870, 95928, 95929, 95939)</p> <p>(For peripheral nerve transcutaneous magnetic stimulation, see 0766T, 0767T)</p>
90868	<p>Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent delivery and management, per session</p> <p>CPT Changes: An Insider's View 2011, 2012</p> <p>CPT Assistant Nov 18:3</p>

Other Psychotherapy Services or Procedures (continued)

90869	<p>Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent motor threshold re-determination with delivery and management</p> <p>CPT Changes: An Insider's View 2012</p> <p>CPT Assistant Nov 18:3</p> <p>(Do not report 90869 in conjunction with 90867, 90868, 95860-95870, 95928, 95929, 95939)</p> <p>(If a significant, separately identifiable evaluation and management, medication management, or psychotherapy service is performed, the appropriate E/M or psychotherapy code may be reported in addition to 90867-90869. Evaluation and management activities directly related to cortical mapping, motor threshold determination, delivery and management of TMS are not separately reported)</p>
90870	<p>Electroconvulsive therapy (includes necessary monitoring)</p> <p>CPT Changes: An Insider's View 2006</p> <p>CPT Assistant Summer 92:16, Mar 01:5, Mar 02:4, May 05:1, Mar 10:6, Feb 13:3, Nov 18:3</p>
90875	<p>Individual psychophysiological therapy incorporating biofeedback training by any modality (face-to-face with the patient), with psychotherapy (eg, insight oriented, behavior modifying or supportive psychotherapy); 30 minutes</p> <p>CPT Changes: An Insider's View 2013</p> <p>CPT Assistant Nov 96:15, Sep 97:11, Nov 97:41, Apr 98:14, Jun 99:5, Mar 01:5, Mar 02:4, Mar 05:16, May 05:1, Nov 18:3</p>
90876	<p>Individual psychophysiological therapy incorporating biofeedback training by any modality (face-to-face with the patient), with psychotherapy (eg, insight oriented, behavior modifying or supportive psychotherapy); 45 minutes</p> <p>CPT Changes: An Insider's View 2013</p>
90880	<p>Hypnotherapy</p> <p>CPT Assistant Summer 92:16, Nov 97:41, Mar 01:5, Mar 02:4, May 05:1, Nov 18:3</p>
90882	<p>Environmental intervention for medical management purposes on a psychiatric patient's behalf with agencies, employers, or institutions</p>
90885	<p>Psychiatric evaluation of hospital records, other psychiatric reports, psychometric and/or projective tests, and other accumulated data for medical diagnostic purposes</p>
90887	<p>Interpretation or explanation of results of psychiatric, other medical examinations and procedures, or other accumulated data to family or other responsible persons, or advising them how to assist patient</p> <p>(Do not report 90887 in conjunction with 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T)</p>
90889	<p>Preparation of report of patient's psychiatric status, history, treatment, or progress (other than for legal or consultative purposes) for other individuals, agencies, or insurance carriers</p> <p>CPT Changes: An Insider's View 2013</p> <p>CPT Assistant Summer 92:17, Mar 01:5, Mar 02:4, May 05:1, Nov 18:3, Dec 22:18</p>
90899	<p>Unlisted psychiatric service or procedure</p> <p>CPT Assistant Mar 01:5, Mar 02:4, May 05:1, Jan 10:11, Apr 14:6, Nov 18:3, Jan 22:8</p>

† = Add on code
★ = Telemed code

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